



2017 ANNUAL REPORT

IFCA's Progress in 2017 and Goals for 2018

Miho Awazu

3 PROGRAM AREAS

- YOUTH & ALUMMI
- CAREGIVERS
- PROFESSIONALS

- What IFCA did in 2017
- Achievements and Impact this year
- Finance & Evaluations

- Looking Back 2013 → 2017
Trend and Current Circumstances with Each Program Area
- Grants and Other Resources
- 2018 and Beyond

YOUTH & ALUMNI

Programs by IFCA and its Partners

Achievements and Impact 2017

February 2017

The Japan Alumni Team had their annual retreat in Tokyo, setting new goals and objectives for the new year. They also had their first Strategic Sharing Workshop in Tokyo.

Added 4 new US and 5 new Japan members.

March 2017

US board members and an alumnus traveled to Japan and participated in events held in Fuji City, Kyoto, Kita Kyushu, Fukuoka, and Tokyo.

- Event performance was excellent and many new positive connections made
- Evaluation was participants' surveys
- (Total Expenses \$11,042) - (Total Income \$7,361) = - \$3,681 (33 % of total expenses)
- Reimbursement to Miho (\$5,689) pending

July 2017

Youth Publication, Vol. 5. was published. Theme = Youth Engagement

YOUTH & ALUMNI

TOMODACHI Foster Youth Leadership Program

[Basic Structure: Site Visits, Retreat/Leadership Program, Summit
Theme was “Normalcy and Foster Care”]

July 2017

The **Japan Team** prepared for the presentations for the following 4 events:

- **Collaboration with Passion to Action (Speech by Miki)**
- **The 2nd International Child Welfare Learning Collaborative on 8/6 (Presentations by Aoi, Chihiro and Yukako)**
- **Collaboration between IFCA and the Mockingbird Youth Network on 8/7 (Speech by Miyu)**
- **Collaboration with Amara (Presentations by Chihiro and Noriko)**

September 2018

The **United State Team** prepared for the 7 following events in Japan:

- **TOMODACHI Generation Summit 2017 on 9/10 (Speech by Kim)**
- **Conference with Setagaya Ward Foster Parent Association on 9/11 (Speeches by Ellena, Justine, Thalia and Kim)**
- **Training for Santama Foster Care Facility Research Institute and Tachikawa Child Guidance Center Staff and Managers on 9/11 (Speeches by Ellena, Justine, Thalia, Kim and Louie)**
- **Conference with the Chiba Prefecture Foster Parent Association on 9/12 (All Members)**
- **Learning Collaborative with Kiyose Children and Youth Homes on 9/13 (Thalia, Ellena and Louie)**
- **Learning Collaborative with Musashigaoka Gakuen on 9/14 (Azia, Thalia, Ellena, Kim Louie)**
- **TOMODACHI- IFCA Youth Summit on 9/16 (All Members)**



YOUTH & ALUMNI TOMODACHI Funded Programs

Evaluations and Final Budget

Progress made this year:

- Collaborative learning
- Program integration between Japan and the US

Evaluations:

- Summit surveys from event participants
- Alumni participants' post program surveys from Japan and the US

Final Budget: - \$861 (2% Of Total Budget)

Total Project Budget Amount	40680
TOMODACHI Grant	34580
Needed to be fundraised by IFCA	6100
Income from Events, etc.	2032
TOMODACHI Grant	34580
Total Income	36612
Project Expense Total	42874
Total Income	36612
Difference	6261
Miho's Salary	5400
	-861

YOUTH & ALUMNI

Additional Efforts Made in 2017

June 2017

- Miho went to Fukuoka City to speak to a 15-community and youth member group about the possibility of creating an IFCA Youth and Alumni group in the area.

October and November 2017, the Japan Alumni Team:

- Trained Kanagawa Prefecture DCFS staff in two separate sessions.
- Turned in the request to the Japan Children's Rights Lawyers Association to consider their statements to be attached to the UN CRC Counter Report.

November 2017

- US alumni member participated in the 3-day USJC Annual Conference in Washington DC.

December 2017

- Jeannie and Miho traveled to Japan to participate in JaSPCAN Annual Conference in Chiba. (Large scale symposium on "Youth Engagement", and IFCA Workshop) Traveled to Fukuoka for an event. Returned to Tokyo to participate in for Saki's research, college lecture and Anne Fund's workshop.
- Miho went to Kyoto to speak to a group of social workers, professors and youth about the possibility of creating an IFCA Youth and Alumni group in the area.
- US alumni member went to Spokane to train 40 judges on "normalcy and foster care" as an IFCA representative at an annual CITA (Court Improvement Training Academy) conference.

Japan Foster Care Alumni Groups

2017

- Tokyo 東京
- Shizuoka 静岡
- Fukuoka 福岡

2018

- Kansai 関西 (CVV, etc)

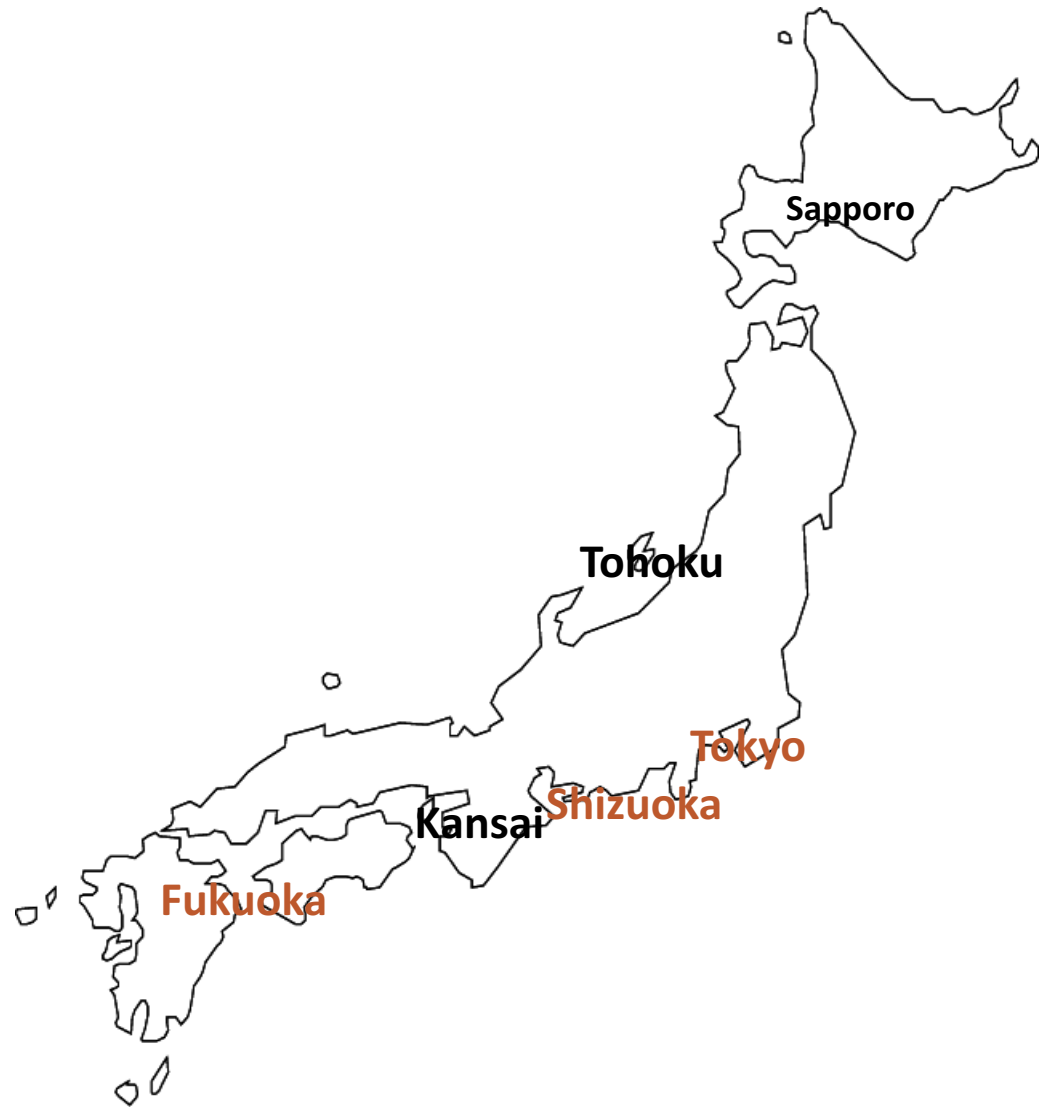
2019

- Sapporo 札幌

2021

- Tohoku 東北

6 Groups by 2021



2018 PROGRAMS FOR YOUTH AND ALUMNI

US Team	Japan Team
Partial Geographical Expansion in Membership	National Network of Alumni Groups
[Lead] Youth Blog Project	Youth Blog Project
[Lead] TOMODACHI Funded Overseas Project	TOMODACHI Funded Overseas Project
[Lead] Publications <ul style="list-style-type: none"> ○ Youth Publications Vol. 6 and Vol 7. ○ IFCA Foster Youth and Foster Care Alumni Book 	Publications <ul style="list-style-type: none"> ○ Youth Publications Vol. 6 and Vol 7. ○ IFCA Foster Youth and Foster Care Alumni Book
	Strategic Sharing Workshops
	Public Speaking and Youth Advocacy
	Training Sessions
	Publish and distribute pamphlets <ul style="list-style-type: none"> ▪ Youth Program Pamphlet ▪ Supportive Adult Pamphlet

YOUTH & ALUMNI

Items for 2018 Program Goals Discussion

- Evaluations have been inconsistent. Therefore, it is hard to estimate and understand our impact.
- Goals of the US Team are unclear, causing role confusion and low motivation for some members.
- How do we diversify geographically and why are we doing this?
- From 2013 to 2018, IFCA conducted 16 programs abroad that included many relevant and important activities. (US to Japan = 5 times, Japan to US = 4 times, March US Team's Trip to Japan = 3 times, December 2017 Trip to Japan, plus, London, Buenos Aires and Calgary)
We also published several youth project related publications. Many speeches and blogs were written by alumni members in both countries. What impact did we really make? What is the next step?
- March 2018 marks the fifth anniversary of IFCA's Youth Project. How should we celebrate our achievements?

CAREGIVERS

Achievements and Impact 2017

- First half of the year: Published the first volume of the MFM Manual in Japanese language. Visited stakeholders in cities and wards that showed interest in this model. (Kawasaki, Chiba, Setagaya, Yokohama, Shizuoka, etc.) Some problems with committee members. Attendance was low in monthly meetings, etc.
- Second half of the year: Held 5 Study Sessions in Tokyo. People participated in these sessions from all over Japan.
- No evaluations. However, when Dr. Izumi spoke at a foster parenting event in Tokyo in December 2017, it seemed that many people were familiar with MFM.
- Pending Grant Applications x 5 ranging from \$30,000 to \$60,000
 - Interpreter's traveling cost and salary (50,000 yen x 5 days)
 - Participant's lodging and food, plus domestic transportation?
- In 2018 we would like to design a Japan MFM logo, and to publish the Vol. 2 of the manual (Budget \$2,000 in Japan)

CAREGIVERS

The Mockingbird Family Model Japan

Website, Facebook Page and Japanese Manual(s)



“家族つながり、地域が支える”

私たちのミッションは、子どもが子どもらしく安心して暮らせる社会的養護を目指す

(1) 家族のリスクと負担を軽減し

(2) ピアサポートを支援機関が支える重層的な養育体制をつくることです。

社会的養護とは？

養子縁組や里親制度について、もっと知りたい方たちへ。

イベントのお知らせ

こんなことで、お困りではありませんか？

養育者

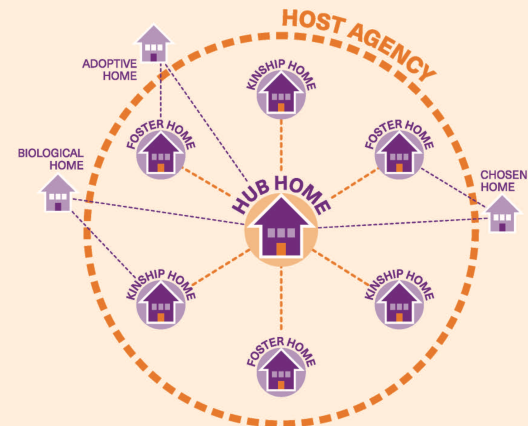
- 子育てが不安
- 安心して相談できる場所がない
- 毎日休むことができず、心身が疲れる
- 気の合う仲間とのサポートがほしい
- 地域の子育て資源についてもっと知りたい
- 子育てや自立にむけての必要な情報がほしい
- 緊急時に助けてほしい

子ども

- 安心して過ごせる場所がほしい
- きょうだいや親しい人とのつながりを保ちたい
- ほみを打ち明けられる友だちがほしい
- ときには、養育者と離れて過ごしたい
- 権利やサービスや自分自身のことについてもっと知りたい



モックンバード・ファミリー・モデル ホスト・エージェンシー 実施のためのハンドブック



CAREGIVERS

MFM Training Delegations and Future Constellations

Sagamihara City
Setagaya Ward

Fukuoka City



PROFESSIONALS

Achievements and Impact in 2017

February & March

Monica Fitzgerald, Ph. D.

- 1) 3-day TF-CBT Workshop in Saga 50 trainees
- 2) 2-day TF-CBT Workshop in Tokyo (CPS Social Worker) 30 trainees

April & May

David Hong, Psy. D.

- 3) 2-day Advanced TF-CBT Seminar in Tokyo 80 trainees
- 4) 3-day TF-CBT Workshop in Sapporo 40 trainees



Final budget from these 4 training events: total income ¥6481000 – total expenditure ¥4570000 = ¥1911000

Approximately \$17,000 profit to IFCA

- **TF-CBT online consultation sessions** by Monica and David will continue throughout 2017.
- **Evaluations:** Event evaluation forms from participants – organized by Miyako's staff
- **What is lacking in evaluation:** Trained clinicians activities and outcome of their patient after receiving IFCA sponsored TF-CBT Introductory Workshops

PROFESSIONALS

Expansion of

“IFCA TF-CBT Japan Network”

New [TF-CBT Website](#)



HOME INTRODUCTION RESOURCES CONTACT US REGISTER LOGIN



TF-CBT Web^{2.0}

A course for Trauma-Focused Cognitive Behavioral Therapy

Foundations of TF-CBT	Trauma Narration and Processing I
Psychoeducation	Trauma Narration and Processing II
Parenting Skills	In Vivo Mastery
Relaxation	Conjoint Parent-Child Sessions
Affect Identification & Regulation	Enhancing Safety & Future Development
Cognitive Coping	



New [Online Newsletter](#)



IFCA TF-CBT Japan Network ニュースレター Vol. 1

IFCA TF-CBT Japan Network ニュースレター 創刊号に向けて

International Foster Care Alliance (IFCA) 代表 渡邊美穂

IFCAは、ワシントン州シアトルと東京に活動の拠点を置き、日本とアメリカの児童福祉を問わず唯一の国際NPOとして、事業の運営をはかってきました。団体設立から5年がたち、私たちは以下の3人のTF-CBT 国際トレーナーの方たちを迎え、日本各地で合計10回の入付ワークショップを開催しました。今年、そのワークショップの受講者は全国で400名を超えました。

- Monica Fitzgerald, Ph.D (University of Colorado)
- Shannon Dorsey, Ph.D (University of Washington)
- David Hong, Psy.D. (Licensed Psychologist in Minnesota)

IFCA TF-CBT Japan Networkの機関誌・創刊号の発行に向けて、今あらためてモニカ、シャノン、そしてデイビッドとの貴重な出会いを振り返っています。

私は過去40年のアメリカ生活のなかの25年間を、ソーシャルワーカーとして、子どもの保護、家業の支援、社会福祉の当事者たちの自立のサポートをしてきました。IFCAを2012年に設立する前は、児童福祉所でネイティブアメリカンの子どもたちと仕事をしています。

私は、2009年、13歳のエリーと9歳のポールというネイティブアメリカンのきょうだいの兄弟になったことがきっかけで、TF-CBT と出合いました。複雑なトラウマを抱えたこのきょうだいのために、その当時「フラスター・ホープ」というシドニー大学での研究プログラムを通じて、母親と息子にTF-CBT を実践していたシャノンに連絡を取ったのです。シャノンが属していた地域のTF-CBT セラピストのもとで、このふたりの子どもたちの治療が進むうちに、かれらは、養子縁組されるまでに回復してやりました。

その2年後、日本では児童虐待の急激な増加が日々報道され、東日本大震災で身内をなくし、トラウマを経験したたくさんのお子たちが治療を必要としていました。私が、数人の仲間とともに、IFCA設立の構想を練り始めたのはその頃でした。私は、2012年1月、カリフォルニア州で開催された児童虐待の世界会議で、モニカとシャノンのTF-CBT セミナーを受けました。このふたりの素晴らしいトレーナーが、世界会議で、この国際的な子どものトラウマ治療を広めてきた様子が、スライドとともに、会場で鮮やかに披露されました。その内容に心を動かされた私は、私たちがこれから立ち上げるNPOが、米国TF-CBTのトレーナーに指導される事業の実現とともに活動されるべきだと考えました。

私は、モニカを通じて白川美也子先生を中心とする日本の臨床関係者たちが、TF-CBTを日本に導入するために、すでにいろいろなお力を重ねておられることを知りました。白川先生たちとの活動により、モニカが2012年11月に前座日、仙台・東京・和歌山の3都市でワークショップを行ったのがIFCAのTF-CBT 事業のはじまりでした。2016年にはシャノン（東京）そして、今年はデイビッド（札幌）とモニカ（広島）がワークショップを行い、日本のTF-CBT ネットワークは大きく発展を遂げました。

“IFCA TF-CBT Japan Network” was merely a mailing list in Japan until this year.

PROFESSIONALS

Tentative Goals and Items for 2018 Program Goals Discussion

- The new TF-CBT learning website started with renewed contents on 1/1/2018. IFCA received permission from the website developer to build a Japanese version of this new TF-CBT learning website. Miyako and her associates have already translated the contents of the older TF-CBT learning website. Miyako would like IFCA to build and run a new Japan TF-CBT Network website that has this translated learning page. That means that IFCA will become the centralized registry of all TF-CBT trainees in Japan collaborating with the US developers. Miyako will be covering this project's cost by a grant or by her own fundraising efforts.
- In June 2018, David Hong (TF-CBT trainer) will be traveling to Sapporo and perhaps Tokyo to provide advanced training. This will be a joint program between the Chinese Government and IFCA. (David went to China in May 2017 when he was already in Japan with IFCA's finance. In 2018, China will be agreeing to pay for David's trip to China, and IFCA's financial responsibility is to cover the cost of his travel between China and Japan.)
- Miyako is now one of 7 certified TF-CBT trainers in Japan. She will be conducting a series of workshops in 2018. (February – Hakodate, March – Tokyo, etc.) She would like to split the profit of each workshop between her research center and IFCA. I suggested that IFCA pay set fees to Miyako as a trainer.
- Branding and funding problems continue. IFCA sponsored TF-CBT trained 400 clinicians in Japan. However, very few people know about IFCA and its effort to disseminate this trauma treatment method in Japan. What should we do about that?
- Japanese national institutions and government would have to recognize IFCA's achievements in TF-CBT dissemination.

IFCA PROGRAM PARTNERS

Partners in the US

- TOMODACHI Initiative / USJC
- The Mockingbird Society
- University of Washington (Office of Champions Program)
- Department of Child and Family Services (State of Washington)
- King County Superior Court – Dependency CASA Program
- Foster Care Alumni of America and Casey Family Programs (These 2 organizations share publication rights of Strategic Sharing with IFCA)
- FosterClub (Provided IFCA with leadership tools such as “Permanency Pact”.)
- Amara (Foster Care Nonprofit)
- YMCA Young Adult Services
- TreeHouse (Nonprofit Serving Youth in Foster Care)
- CITA (Court Improvement Training Academy)

Partners in Japan

- Segagaya Ward Foster Parents Association
- Chiba Foster Parents Association
- Kanagawa Prefecture Child Protection Services
- Tokyo Metropolitan Government
- Ann Funds Project
- Japan Women’s University
- Fuji Nijinokai
- Seishinkai Children and Family Support Center
- SOS Children’s Village-Japan
- Kosaka Law Office and NPO Sodachi-no-ki
- City of Fukuoka and Kodomo NPO Center, Fukuoka
- Menuet Foster Youth Association (Kyoto)
- Blue Current Japan, Inc

Where **IFCA** Stands After 5 Years

- ★ 20 events per year x 5 years = 100 events
- ★ Over 4500 event participants
- ★ 30 newspaper and magazine articles, videos and TV/radio appearances
- ★ 41 online newsletters
- ★ 9 publications (5= alumni, 1 = MFM, 3 = TF-CBT)
- ★ 32 alumni program participants
- ★ 2-3 possible MFM constellations
- ★ 400 TF-CBT trainees = 2000 service recipients (ages 3 to 18)
- ★ 809 Likes in IFCA Facebook
- ★ 1134 Mailing List Members

Financial Report

IFCA JAPAN FINANCIAL REPORT 2017

Amount Remaining from 2016
72,116 Yen

Total Income 2017
8,934,957 Yen

Total Expense 2017
7,823,419 Yen

Amount Remaining as of 12/31/17
1,184,644 Yen

IFCA US FINANCIAL REPORT 2017

Amount Remaining from 2016
\$8,339.19

Total Income 2017
\$71,338.69

Total Expense 2017
\$65,858.62

Amount Remaining as of 12/31/17
\$13,819.26

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