



Sendero Pacifico (Costa Rica)



Camino de Santiago (Spain)

Photo by: Manuel Valcárcel Cabo



Great Himaraya Trails (Nepal)



WORLDTRAILS NETWORK
To go far, we walk together.



Kythera Hiking (Greece)



SANIN KAIGAN GEOPARK TRAIL

The 6th World Trails Conference in Tottori

2016.10.14 Fri - 10.17 Mon

Main Venue Kurayoshi Mirai Chushin **Hosted**

Tottori World Trails Conference Executive Committee
World Trails Network

Co-hosted Union of Kansai Governments
(Region-wide Tourism, Culture, and Sports Promotion Office) **Special Support**

Shin-Nihonkai Shinbun

Support

Japan Walking Association, Japan Nordic Walk League, Japan Long Trail Association, Tottori College of Nursing, Tottori College, Broadcasting System of San-in, FM San'in, NHK Tottori Broadcasting Station, TSK San'in Chuo Television Broadcasting Co., Ltd., San-in Chuo Shimpo Newspaper Co., Ltd., Mainichi Shimbun Tottori Branch Office, Sankei Shimbun Tottori Branch Office, Asahi Shimbun Tottori Office, Tottori Chuo Yusen Hoso, Yomiuri Shimbun Tottori Branch Office, Nihonkai Cable Network, Nihonkai Telecasting Co., Ltd., San'in Tourism Organization, ASICS Corporation, Credit Guarantee Corporation of Tottori, Japan Tourism Agency, Ministry of Health, Labour and Welfare, Japan Sports Agency (In random order)

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With the goal of making Tottori the most developed region in terms of volunteering activities, Tottori Prefecture and the Nippon Foundation are working on nine projects in three fields to enhance private sector activities in the region and to inspire each citizen to create a future for Tottori based on their own ideas.

As part of this initiative, the Nippon Foundation supports the holding of Tottori World Trails Conference in order that this region can lead the nation in healthy life expectancy.



響かせようトットリズム♪

Welcome Messages



Chairman
Governor of Tottori
Prefecture

Shinji Hirai

Welcome to Walking Resort Tottori!

On behalf of the citizens of Tottori Prefecture, I would like to express a very warm welcome to the participants gathered from 19 countries and regions worldwide to the 6th World Trails Conference.

Tottori Prefecture is a land of unbelievably beautiful trails. Within Japan, it is a land of unparalleled natural scenery: a land of hot springs, traditional streetscapes, and the town of the famous manga character Detective Conan; and a land where you can walk surrounded by kindhearted people.

Like-minded companions have gathered from around the world. I hope that all of you will enjoy discussions about trails for the joy and health of people around the globe, see for yourself various courses that Tottori has to offer, and share both unforgettable memories and keys to future regional development.

Let's walk together toward a prosperous future for Tottori, where warm-hearted people live, in the midst of the beautiful scenery of autumn in Japan.

At the climax of *A Dark Night's Passing*, the famous novel by Naoya Shiga, the hero climbs Mt. Daisen in Tottori thinking to himself, "I must walk forward with steady steps on the ground, not being clumsy of foot. I must go waving my arms and feeling good. Don't rush or stop."

To walk is to experience life. And Tottori Prefecture is the starting point.

In order that the flower of trekking may bloom around the world, I will walk, waving my arms, with all of you gathered here today.

May I offer my best wishes for your good health and happiness.

Shinji Hirai
Chairman, Governor of Tottori Prefecture

Greetings from the Host



Chairman

Shuhei Yamada

The time has finally come for us to hold the World Trails Conference in Tottori. We have received tremendous support from many people to make this day possible and I am deeply grateful for that.

I would also like to thank all of those who love walking and who have traveled from all over the world, Japan and Tottori. This conference would not have been possible without you and so I welcome each one of you to the conference.

Let us take the opportunity to discuss greatly about many issues such as walking, trails, health, people and nature and regional development. But let us not forget to also spend time walking together.

"Why is walking so enjoyable?" you might ask. Perhaps it is because walking is one of the fundamental forms of human movement. When we walk, each of our cells is reactivated and this refreshes our mind and body.

When we walk, we can notice things that are normally overlooked such as the little plants flowering along the road, the singing of birds, the unique traits of an old townscape, the breezy mountains and the refreshing air. When we walk, we can feel and see the charms of nature.

Tottori offers nostalgic scenery of traditional Japan as it is rich in history, culture and nature. It has many scenic beaches, mountains and lakes and the people are very warm and friendly.

We have prepared 9 great trail excursions for you. Choose any of these excursions and discover the wonders of traditional Japan as you make the most of your trail experience here in Tottori.

Shuhei Yamada
Chairman, World Trails Conference in Tottori



World Trails Network
Committee
Chairman

Galeo Saintz

(South Africa)

Trails are a Pathway to Global Health

By far the most important reason trails matter to you, to me and to everywhere, is that they offer us unique health benefits. Research has clearly shown that trails and time spent in nature make us smarter, able to learn new tasks quicker, increase our self-esteem, improve problem solving and bring us into balance both physically, mentally and spiritually.

During this 6th international global trails gathering, focused on fostering international discussion and development for trails based on shared values, best practice, research and resource sharing, we have an opportunity to share insights and knowledge, make new friends and gain a deeper understanding of the international nature of trails and their ability to link cultures while making new friends.

Trails ignite our whole being, they are places of happiness and of shared experience, and they are often taken for granted. They are also places of belonging. We all belong to one human family and it is trails that play a role in keeping us connected to each other through shared experiences in the outdoors.

We invite you to enjoy the opportunities we have to be here in Tottori over the next few days, to celebrate and enjoy the trail experiences offered in this wonderful walking resort. Last but not least may you build new friendships and leave inspired to continue championing the value trails contribute to all our lives and to our health and the health of our beautiful planet.

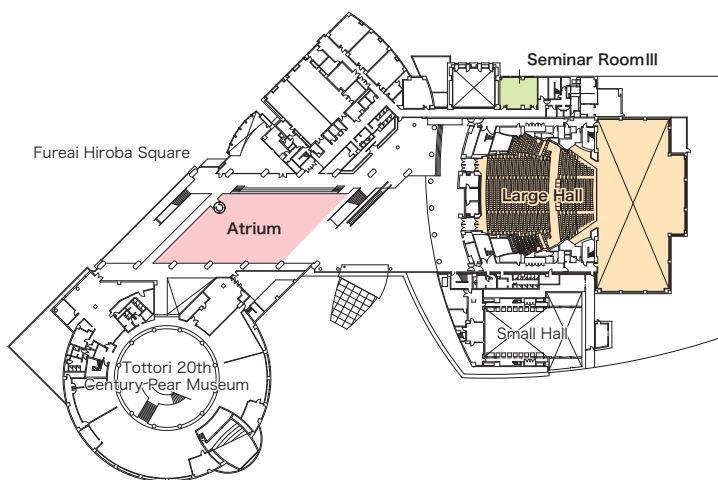
Galeo Saintz
Chairman, World Trails Network Committee

The 6th World Trails Conference in Tottori: Schedule

Friday October 14	Saturday October 15	Sunday October 16	Monday October 17
	<p>10:00~11:00 Opening Ceremony • Keynote Speech Venue : Large Hall</p>	<p>Morning World Walk Festa in Tottori★</p>	<p>All-Day Let's Walk Tottori Tour★ ◆San'in Kaigan UNESCO Global Geopark Route ◆Japan Heritage Site Mt. Mitoku Route ◆Japan Heritage Site Mt. Daisen Route</p>
	<p>11:00~13:00 Introduction to Worldwide Trails and Initiatives Venue : Large Hall</p>		
<p>14:30~16:00 Asian Trails Network General Meeting Venue : Seminar Room III</p>	<p>14:00~15:30 Session I "Walking and Health Symposium"★ Venue : Seminar Rooms III</p>	<p>14:00~15:00 Session III "Trails, Cultural Heritage and Nature"★ Venue : Seminar Room III</p>	
<p>16:30~18:00 World Trails Network General Meeting Venue : Seminar Room III</p>	<p>16:00~17:00 Session II "Trails, Walking & Regeneration of Communities"★ Venue : Seminar Room III</p>	<p>15:00~16:00 Session IV "Trails and International Marketing"★ Venue : Seminar Room III</p>	
<p>18:30~20:30 Welcome Reception★ Venue : Hotel St. Palace Kurayoshi</p>	<p>18:00~20:00 Friendship party (Tori-bar in Kurayoshi)★ Venue : Around Kurayoshi Station</p>	<p>16:30~18:00 Closing★ Venue : Seminar Room III</p>	

10/15 (Sat) ~16 (Sun) **9:30~18:00** WTC in Tottori Project Exhibits Venue : Atrium

★Fee required * Programs on the 14th (Friday) are not open to the general public.



▶ Held Consecutively

● **WTC in Tottori Project Exhibits** Venue : Atrium(C)
 Visitors will find plenty of information about wonderful walking courses both in Tottori and the world. These exhibits feature natural and geographic resources, introducing both Tottori's sports tourism and participating organizations of the Tottori WTC. This is a place to gain a sense of the ways to enjoy walking in the world. Visitors can also experience climbing at the venue (fee not required).



▶ Associated Events

- **B-Grate Gourmet Battle** (Delicious, Reasonably Prices, Everyday Food)
 (10/15 (Sat) ~10/16 (Sun)) Fureai Hiroba Square
- **Tori-bar in Kurayoshi**
 (10/13 (Thu) ~10/16 (Sun)) Around Kurayoshi Station
- **The 6th World Trails Conference Unified Workshop in Tottori**
 (10/15 (Sat) ~10/16 (Sun))

■ Keynote Speech 10:20~11:00

“Keep pursuing your dreams and walk.”

In May 2013, at the age of 80, Yuichiro Miura successfully climbed Mount Everest (8,848 m) for the third time. He thus became the oldest person to reach the summit of Mount Everest. He will talk about the difficulties and joy he found in the course of facing himself and following his dreams, what he gained from his experiences, and his approaches and efforts to live a healthy and happy life by setting goals and objectives for himself. His speech will also include the importance of his family and bonds between people, as well as his new challenges.



Mr. Yuichiro Miura (Professional Skier, Principal of Clark Memorial International High School)

Born in Aomori City in 1932. In 1970, he skied down the South Col of Mount Everest (8,000 m), which was recorded in the Guinness Book of Records as the ski descent from the highest point on earth. The documentary film that reported this achievement “THE MAN WHO SKIED DOWN EVEREST” won an Academy Award. In 1985, he succeeded in skiing down the highest peaks of all seven continents. In 2013, at the age of 80, he successfully climbed Mount Everest for the third time, and regained the record of being the oldest person to scale the world’s highest peak. In addition to his activity as an adventure skier, he also serves as principal of Clark Memorial International High School, a correspondence course high school with over 10,000 students nationwide.

■ Presentation 11:00~13:00

‘Introduction to Worldwide Trails and Initiatives’



Greece

Paths of Greece
Name of Trail:
Kythera Hiking



Spain

S.A. de Xestión do Plan Xacobeo/Turismo de Galicia
Name of Trail:
Camino de Santiago (St. James Way)

Photo by: Manuel Valcarcel Cabo



Australia

Bibbulmun Track
Name of Trail:
Bibbulmun Track



Republic of Korea

Jeju Olle Foundation
Name of Trail: Jeju Olle



South Africa

Rim of Africa
Name of Trail:
Rim of Africa Trail



Taiwan

The Thousand Miles Trail Association, Taiwan
Name of Trail:
Thousand Miles Trail of Taiwan



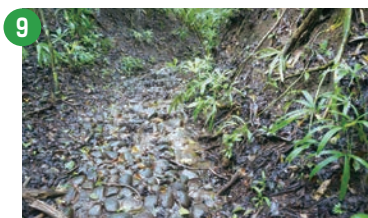
Nepal

Samarth - Nepal Market Development Programme
Name of Trail:
Great Himalaya Trails



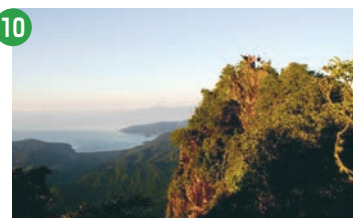
Turkey

Turkey’s Culture Routes Society
Name of Trail:
Turkey’s Culture Routes Society



Republic of Panama

Fundación Caminando Panama



Brazil

WWF Brazil

■ Session I 14:00~15:30

“Walking and Health Symposium” ~ The Physical and Mental Effects of Walking~

It is said that walking brings about positive effects on the “5 Ks” (kenko for health, kyoiku for education, koryu for interactions/relations, kankyo for environment and kanko for tourism); however, the impact of walking with elements of entertainment* is far greater. We will explore ways of increasing people’s healthy lifespans while examining the physical and environmental effects of Nordic walking and trail activities from the Japanese, American and Korean perspectives.

Coordinator



Mr. Ryu Matsuda (President, Central Tottori Medical Association) Japan

Abnormalities of children’s feet (fifth-toe deformity, bunion, flatfoot, etc.), deformation of posture – due to, for example, swayback – and stiffness of the body that does not bend nor crouch could lead to bedridden and locomotive syndrome when they grow up. In order to prevent that, I encourage building a healthy body starting from feet as children and promote constructive walking, instead of coaxing them to sleep, have them exercise and stay healthy later on even as elderly.

Panelist



Mr. Yuji Yanagimoto (Professor, Kobe Tokiwa University) Japan

Licensed teacher at Setagaya Elementary School affiliated with Tokyo Gakugei University, he then became professor in the Health Science department of Hyogo University. Since 2008, he has been teaching at Kobe Tokiwa University, School of Health Science and Nursing. He obtained his Ph.D in medicine; his specializations are Exercise Physiology, Health Science and Children Health, just to name a few.



Mr. Robert Searns (Trails Planner/Developer) United States

Robert Searns, has a four-decade, award-winning, history developing quality trails. He works with communities to visualize and implement projects from Denver’s Platte River Greenway to trails at Grand Canyon National Park. He co-authored *Greenways: A Guide to Planning, Design and Development* (Island Press) and contributed to *Greenways: The Beginning of an International Movement* (Elsevier Press). He’s written for *Planning, Landscape Architecture, LA China*, and *American Trails Magazines*. He’s been a trainer for the U.S. National Park Service and a delegate to the America’s Great Outdoors meeting attended by President Obama. He is Chair Emeritus, *American Trails* and sits on the *World Trails Network Committee*. He edits *World of Trails Magazine*.



Mr. Kang-ok Lee (Executive Director, Korea Walking Federation) Republic of Korea

Ph.D Science, Professor at Sangji University, in the department of Physical education; Walking Korea Science Association Honorary President; IML Walking Association Executive Committee Member. He is known to be the first person to spread the sport of walking in Korea using the slogan “Your legs are your own doctor”.

■ Session II 16:00~17:00

“Trails, Walking & Regeneration of Communities” ~Introduction to trails in Japan~

Long trails are attracting attention these days from various aspects: health, natural environment, walking tours, inbound tourism, and regional revitalization, just to name a few. At present, the Japan Long Trail Association has 18 member trails, and the number is expected to increase. The San’in Kaigan Geopark Trail is a member from Tottori. This session will overview the background and present situation of the long trail movement.



Mr. Toru Nakamura (Representative Director, Japan Long Trail Association, Visiting Professor of Aomori University, Outdoor Journalist) Japan

In order to spread outdoor activities and revitalization of different regions, he increases long trails development and organizes activities. Author of many books, for example, *Walkers’ Outdoor Marketing, Outdoor Business Proposal, Outdoor is the lifestyle*, just to name a few. Started mountain climbing since his junior high school days, he has climbed Karakorum Peak and many other mountains. He is a member of the Japanese Alpine Club. longtrail.jp

■ Session III 14 : 00 ~ 15 : 00

“Trails, Cultural Heritage and Nature”

Trails are the original pathways and highways of the world. Since the dawn of human history they have connected us to each other and to the natural landscapes surrounding our places of settlement. This session explores the ongoing important role trails play in cultural heritage and how they continue to shape our engagement with the natural world. From trails as drivers that engage society in protected areas in Brazil, to unlocking community development in Costa Rica and appreciating rich cultural heritage of trails in Greece.

Coordinator



Ms. Anna Carolina Lobo
(WWF Brazil) Brazil



Mr. Fivos Tsaravopoulos
(Paths of Greece, Trail Developer / Manager at Paths of Greece) Greece

Fivos has been actively involved with the planning, creation and promotion of hiking trails networks in Greece and other countries for many years. He specializes in the design, the way-marking as well as the digital promotion of hiking trails and destinations. He is also the Treasurer of the World Trails Network.



Mr. Nat Scrimshaw (Sendero Pacifico, Coordinator for the Sendero Pacífico) Costa Rica

Nat Scrimshaw is the co-founder and current coordinator of the Sendero Pacifico in Costa Rica. Nat was born in Guatemala, raised his family in Costa Rica and now divides his time between Costa Rica and the White Mountains of New Hampshire. In addition to his work with the Sendero Pacífico, Nat is the Appalachian Mountain Club “adopter” of the Franconia Ridge Trail, one of National Geographic’s “top twenty hikes in the world” and part of the 3,500 km Appalachian Trail.

■ Session IV 15 : 00 ~ 16 : 00

“Trails and International Marketing”

This session will give an overview of trail marketing, outlining world class examples and how you can recreate these for your own trail. The presentation will show how a consistent brand can be rolled out across all your marketing materials, web presence and social media posts with a focus on promoting your trail to an international audience.

Coordinator



Mr. Eoin Hogan (Rural Recreation Officer - County Clare, Ireland) Ireland

Eoin Hogan is the Rural Recreation Officer for County Clare, Ireland. Within that role he manages over 550km of walking and cycling trails. He oversees the development, maintenance and promotion of the outdoor recreation trails in County Clare. He manages the “Walk Scheme”, a government scheme that pays landowners for maintaining trails that go through their lands. He also develops brochures, manages the trail website and social media channels.



Ms. Jackie Randle (Bruce Trail, Director of Organizational Resources) Canada

Jackie Randle has been with the Bruce Trail Conservancy (BTC) since 2002. Her current role as the Director of Organizational Resources includes supervision of the volunteer program, human resources and customer service staff. Since 2002, the volunteer program for the BTC has grown from 800 volunteers to 1,500 volunteers, the BTC staff has increased from 8 to 16, and the BTC membership has grown to over 9,000.

Current major projects include the 50th Anniversary of the Bruce Trail celebrations; upgrading of the member/donor/volunteer database; relocation of the BTC Head Office; and the creation of an international image for the Bruce Trail Conservancy through the introduction of Friendship Trails and an ongoing presence at the World Trails Network.

Jackie has a Bachelor degree in Anthropology, a post-graduate diplomas in Volunteer Management and Human Resources



Ms. Kerstin Stender (Bibbulmun Track, Trails Coordinator) Australia

Kerstin Stender is employed as the Trails Coordinator with the Department of Parks and Wildlife in Western Australia. She is responsible for the overall management of the department’s long distance trails and holds policy responsibility for other trails. Kerstin is completing her masters in tourism management with a focus on trail business management models. Born in Germany she has always been a keen outdoor enthusiast, including hiking, cycling and kayaking in many parts of the world.

■ Closing 16 : 30 ~ 18 : 00

Summary and declaration of the Tottori WTC, etc.



Mr. Galeo Saintz (World Trails Network Committee Chairman) South Africa

World Walk Festa in Tottori

10 / 15 Distance 5.7 km Capacity 300 People



Perks of Participation

- ① Kurayoshi brand water
- ② Kurayoshi's famous sweets
- ③ Local guides
- ④ homemade Italian snacks
- ⑤ Original Pin badge

Follow the flow of time in as you walk through Kurayoshi, snuggled at the base of Mt. Utsubuki.

This route takes you past Mt. Utsubuki and Kurayoshi's old-fashioned streetscape spreading out at its base. After enjoying the healing atmosphere of Mt. Utsubuki's forests, you will visit the historical sites of Kurayoshi, which developed from ancient times as the central urban area of the Hoki Province and that have become a hub for social exchange.

Mt. Utsubuki and Akagawara Walking Route
Stroll through the Hoki Province's Kurayoshi City.



10 / 15 Distance 5.5 km Capacity 300 People



Perks of Participation

- ① Great Detective Conan Certificate of Walk Completion
- ② Raffle to win local specialty goods
- ③ Regional goodies
- ④ Original pin badge

Work to solve a mystery as you progress through this route! You can also experience the history of Hokuei through the world of the Great Detective Conan and the view offered from town's sandy beaches of Fort Yura, which is one of Japan's foremost historical sites, the top-tier locally-managed wind turbines, and more.

Experience the world of the one and only Great Detective Conan.

Hokuei Mystery Route

Walk the streets of the town where you can meet the one and only Great Detective Conan.

10 / 15 Taste of Kotoura Walk

Distance 7.0 km Capacity 900 People



Admire the 180-degree horizon as you are healed by the comfortable sea breeze and sound of the ocean waves as you explore the Kanzaki Shrine and Nari-Ishi (Singing Stone) Beach. This course offers a moment of bliss as you enjoy the local delights born from the area's rich earth and water.

View of the Expanding Horizon and Kotoura Cuisine Enjoyment Course

Enjoy the gentle seabreeze on the Koto no Ura Route



Distance 5.0 km Capacity 60 People



After crossing over a 30 meter-high suspension bridge and enjoying the picturesque scenery, refresh in the shower of negative ions in the forest atmosphere amidst the beautiful tree groves before moving on to your final destination- Daisen Falls, which has been selected as one of Japan's 100 best waterfalls.

Refresh both your mind and body at one of Japan's greatest waterfalls!

Take in the healing atmosphere of the forest on the Mt. Daisen Falls Route

Perks of Participation

- ① Raffle ② Yoga Workshop ③ Original Pin Badge ④ Kotoura Brand Water ⑤ Snacks (for toddlers only) ⑥ Special Appearance by Town Mascots!
- ⑦ Local Food Stalls(Koto no Ura Route only) ⑧ Homemade soba (Mt.Daisen Fall Route only) ⑨ Tourism Guide Included ⑩ Staff Hospitality

Starting points and shuttle bus schedules

Course A Registration Time: 11:30 Departing Ceremony: 13:00 Start: 13:15 Starting Point: Kurayoshi Mirai Chushin Park Square

Going to

Bus Stop	Time			
JR Kurayoshi Station Special Bus Terminal	11:00	11:20	11:40	12:00
Bus Stop across Kurayoshi Mirai Chushin	11:10	11:30	11:50	12:10

Returning to

Bus Stop	Time				
Bus Stop across Kurayoshi Mirai Chushin	14:45	14:50	15:00	15:15	15:30
JR Kurayoshi Station Special Bus Terminal	14:55	15:00	15:10	15:25	15:40
In front of Misasa Onsen Ryokan Cooperative	—	—	—	15:40	15:55
In front of Hawaii-Togo Onsen Ryokan Cooperative	—	—	—	16:00	16:15

Course B Registration Time: 9:00 Departing Ceremony: 9:50 Start: 10:15 Starting Point: Meeting Place

Going to

Bus Stop	Time				
In front of Hawaii-Togo Onsen Ryokan Cooperative	8:00	—	8:30	—	—
In front of Misasa Onsen Ryokan Cooperative	—	8:20	—	8:40	—
JR Kurayoshi Station Special Bus Terminal	8:15	—	8:45	—	9:00
Bus Stop across Kurayoshi Mirai Chushin	8:25	8:35	—	8:55	—
Meeting Place	8:45	8:55	9:15	9:15	9:20

Returning to

Bus Stop	Time					
Meeting Place	12:15	12:35	12:55	13:15	13:35	13:55
Bus Stop across Kurayoshi Mirai Chushin	12:35	12:55	13:15	13:35	13:55	14:15
JR Kurayoshi Station Special Bus Terminal	12:45	13:05	13:25	13:45	14:05	—
In front of Misasa Onsen Ryokan Cooperative	—	—	—	14:00	—	14:30
In front of Hawaii-Togo Onsen Ryokan Cooperative	—	—	13:40	—	14:20	—

Course C · D Course C Registration Time: 8:50 Departing Ceremony: 10:00 Start: 10:20 Starting Point: Tohaku Public Park
Course D Registration Time: 8:50 Departing Ceremony: 10:00 Start: 11:00 Starting Point: Tohaku Public Park

Going to

Bus Stop	Time				
In front of Hawaii-Togo Onsen Ryokan Cooperative	8:00	—	8:30	—	—
In front of Misasa Onsen Ryokan Cooperative	—	8:20	—	8:40	—
JR Kurayoshi Station Special Bus Terminal	8:15	—	8:45	—	9:00
Bus Stop across Kurayoshi Mirai Chushin	8:25	8:35	—	8:55	—
Tohaku Public Park	9:00	9:10	9:30	9:30	9:35

Returning to

Bus Stop	Time					
Tohaku Public Park	12:40	13:00	13:20	13:40	14:15	14:40
Bus Stop across Kurayoshi Mirai Chushin	13:15	13:35	13:55	14:15	14:50	15:15
JR Kurayoshi Station Special Bus Terminal	13:25	13:45	14:05	—	15:00	15:25
In front of Hawaii-Togo Onsen Ryokan Cooperative	13:40	—	14:20	—	—	15:40
In front of Misasa Onsen Ryokan Cooperative	—	14:00	—	14:30	—	16:00

World Walk Festa in Tottori

10 / 16

Distance 8.3 km Capacity 300 People



- Perks of Participation**
- ① Trek through this abandoned railway tunnel (limited public access).
 - ② The Sekigane Handmade Cultural Festival, featuring local specialty goods and foods
 - ③ Sekigane's Myoko district's handmade soba

This route offers a diverse range of scenery and a spirit of exploration with fairytale-like bamboo forests and a nostalgic platform along a discontinued railway line, giving you the full experience of the unchanged landscape of countryside Japan.

Experience the connections, abundant nature, virgin landscape, and a whole new dimension!

Former Kurayoshi National Railway Line and 1300 year-old Sekigane Onsen Walking Route

Walk through the nostalgic landscape of countryside Japan.

10 / 16

Distance 9.0 km Capacity 200 People



- Perks of Participation**
- ① Locally grown seasonal fruits
 - ② Drink the spring water of Misasa Onsen
 - ③ Local cuisine
 - ④ Misasa Onsen footbath
 - ⑤ Misasa Onsen Around Town Discount Coupon
 - ⑥ Raffle to win Misasa specialty products

Trace the history between Mt. Mitoku and Misasa Onsen, which are designated as a Japan Heritage site. As you walk the distance between these sites, you will be able to experience the history, culture, and nature along the path once taken by those heading to worship at Mt. Mitoku.

Misasa Onsen and Mt. Mitoku

Japan Heritage & History Walk

Japan Heritage Route

Trace the area's rich history from the Misasa Onsen to Mt. Mitoku.

Yurihama Celestial Maiden Walk

Distance 18.0 km Capacity 300 People



Starting at the Chinese Garden Enchoen, this route takes you around the autumn Lake Togo. You get the full experience of the history of the area along the way as you pass the San'in Region's oldest and largest collection of ancient burial mounds at Uma no Yama. This course additionally offers a spectacular view from Uma no Yama's observation deck of the beautiful ocean to the north and Lake Togo to the south.

Route around Lake Togo and Mt. Umano

Enjoy the beautiful view of autumn in Yurihama.

Enjoy the autumn lakefront and view from the hub of the area's ancient culture, Uma no Yama.

Distance 5.0 km Capacity 700 People



If you look to your left while walking around Lake Togo, you will see the 4-armed nets for which the lake is best known. Further along the route, you will find the retro streetscape of the Matsuzaki ward, which feels like a timeslip back to Japan's Showa era. Visitors can't help but smile and unwind at the heartwarming hospitality offered there.

Lake Togo and Retro Streetscape Walking Route

Explore the streets reminiscent of Japan's Showa era.

Enjoy the retro streetscape, filled with both a nostalgic atmosphere and new discoveries!

- Perks of Participation**
- ① Lake Togo shijimi clam miso soup!
 - ② Yurihama's famous plum and pear Juice
 - ③ Entertainment provided by Yurihama famous Oniyome (Demon Bride) Society
 - ④ Free Bath Voucher
 - ⑤ Chinese Garden Enchoen Free Entry Voucher
 - ⑥ Yurihama Discount Voucher (value 400 yen)
 - ⑦ Ground Golf Hole-in-One Game

Course E

Registration Time: 9:15 Departing Ceremony: 10:30 Start: 10:45 Starting Point: Sekigane Athletic Park

Going to

Bus Stop	Time						
In front of Hawai-Togo Onsen Ryokan Cooperative	7:55	—	—	—	—	—	—
In front of Misasa Onsen Ryokan Cooperative	—	8:05	—	—	—	—	—
JR Kurayoshi Station Special Bus Terminal	8:15 Transfer 8:20	—	8:35	8:55	9:15	9:30	9:45
Bus Stop across Kurayoshi Mirai Chushin	—	8:20 Transfer 8:30	8:45	9:05	9:25	—	—
Sekigane Athletic Park	8:50	9:05	9:25	9:45	10:00	10:15	—

Returning to

Bus Stop	Time						
Sekigane Athletic Park	13:30	13:45	14:00	14:20	14:40	15:00	—
Bus Stop across Kurayoshi Mirai Chushin	13:50	Transfer 14:10	Transfer 14:30	14:40	15:00	15:20	—
JR Kurayoshi Station Special Bus Terminal	—	14:20	14:40	14:50	15:10	15:30	—
In front of Hawai-Togo Onsen Ryokan Cooperative	—	—	14:55	—	15:25	—	—
In front of Misasa Onsen Ryokan Cooperative	—	14:40	—	—	15:45	—	—

Course F

Registration Time: 8:00 Departing Ceremony: 9:00 Start: 9:30 Starting Point: Furusato Health Village

Going to

Bus Stop	Time		
In front of Hawai-Togo Onsen Ryokan Cooperative	7:35	—	7:55
JR Kurayoshi Station Special Bus Terminal	7:55	8:05	8:15
Bus Stop across Kurayoshi Mirai Chushin	—	—	8:25
Furusato Health Village	8:10	8:20	8:40

Returning to

Bus Stop	Time							
Mt. Mitoku Parking	12:00	12:20	12:40	13:00	13:20	13:40	14:05	—
In front of Misasa Onsen Ryokan Cooperative	12:10	12:30	12:50	13:10	13:30	13:50	14:15	—
Furusato Health Village	12:15	12:35	12:55	13:15	13:35	13:55	14:20	—
Bus stop across Kurayoshi Mirai Chushin	—	12:50	—	13:30	—	14:10	—	—
JR Kurayoshi Station Special Bus Terminal	—	13:00	—	Transfer 13:40	—	Transfer 14:20	—	—
In front of Hawai-Togo Onsen Ryokan Cooperative	—	—	—	13:55	—	14:40	—	—
In front of Misasa Onsen Ryokan Cooperative	—	—	—	14:10	—	14:55	—	—

Course G · H · I

Course G Registration Time: 8:00 Departing Ceremony: 8:40 Start: 9:00 Starting Point: Enchoen Chinese Garden
Course H · I Registration Time: 9:00 Departing Ceremony: 10:00 Start: 10:20 Starting Point: Enchoen Chinese Garden

Going to

Bus Stop	Time									
In front of Hawai-Togo Onsen Ryokan Cooperative	7:35	7:55	—	—	—	8:55	—	—	—	—
In front of Misasa Onsen Ryokan Cooperative	—	—	7:40	—	8:05	—	—	—	—	—
Bus Stop across Kurayoshi Mirai Chushin	—	—	—	—	8:20	—	—	—	—	—
JR Kurayoshi Station Special Bus Terminal	—	—	8:00	8:10	8:30	8:45	—	9:15	9:30	9:40
Enchoen Chinese Garden	7:45	8:05	8:10	8:20	8:40	8:55	9:05	9:25	9:40	9:50

Returning to

Bus Stop	Time										
Enchoen Chinese Garden	11:45	12:05	12:25	12:45	13:05	13:25	13:55	14:10	14:30	14:45	—
JR Kurayoshi Station Special Bus Terminal	11:55	12:15	12:35	12:55	Transfer 13:00	13:15	13:35	14:05	Transfer 14:20	14:20	14:55
Bus Stop across Kurayoshi Mirai Chushin	12:05	12:25	12:45	13:05	—	13:25	13:45	14:15	—	14:30	—
In front of Misasa Onsen Ryokan Cooperative	—	—	—	13:20	—	—	—	14:40	—	—	—
In front of Hawai-Togo Onsen Ryokan Cooperative	—	—	—	—	—	14:10	—	—	14:55	—	—

*Please note that there might be changes

World Trails Conference

● World Trails Conference

The World Trails Conference has established itself since 2010 as the world's internationally representative gathering place for the global trails industry. The conference focuses on addressing emerging trends, best practices and on sharing up-to-date information and experiences about trails from around the world. Championing cooperation and networking for sustainable development and management of quality trails. The conference promotes trail tourism and trail destinations that deliver lifestyle benefits to local communities and inspire custodianship of nature and unlock regional economic opportunities. The conference is a showcase platform for the rich diversity of trails of the world and a chance for all trail related industries to share insights and inspiration to make the world a better place through trails.



● History of World Trails Conference

Conference name	Date	Venue
6th World Trails Conference in Tottori	October 14~17, 2016	Tottori Prefecture, Japan
5th World Trails Conference	January 15~17, 2015	Jeju Island, Korea
4th World Trails Conference	January 15~17, 2014	Jeju Island, Korea
3th World Trails Conference	October 29~31, 2012	Jeju Island, Korea
2nd World Trails Conference	November 7~9, 2011	Jeju Island, Korea
1st World Trails Conference	November 7~9, 2010	Jeju Island, Korea

World Trails Network

● World Trails Network (WTN)

The World Trails Network is an international Non-Profit Association based in Geneva, Switzerland. We strive to connect the diverse trails of the world to promote the creation, enhancement, and protection of outstanding trail experiences. We bring trail associations, trail users and all people passionate about the outdoors together from around the world to foster global collaboration and networking for the betterment of the world's trails.



● World Trails Network (WTN) Main Programs

The World Trails Network fosters global collaboration and networking among all trail types that serve to connect people with nature, the outdoors and cultural heritage around the world. The Network encourages: care for the environment, sustainable development practice, sharing best management practices and trail research, a commitment to quality experiences, connections with communities, accuracy of information, promotion of cross-marketing opportunities, sharing the common values trails unlock, promoting active lifestyles in the outdoors and nature.

● Members of World Trails Network Committee

The members of the World Trails Network Committee are all volunteers and host a monthly online conference call meeting tasked with taking the five focus areas of action forward.

● 1st World Trails Network Committee Members (October 2012 ~ January 2014)

Chair Person	Galeo Saintz (Rim of Africa)
Sub-Committee - Knowledge and Resource Sharing	Robert Searns (American Trails) Laura Belleville (Appalachian Trail Conservancy) Hui Jung (Korea Trails Association)
Sub-Committee - Marketing and Promotion	Ivy Lee (Jeju Olle Foundation) Galeo Saintz (Rim of Africa) Jackie Randle (The Bruce Trail Conservancy)
Sub-Committee - Conference and Events	Julie Jung (Jeju Olle Foundation) Robert Searns (American Trails) Jackie Randle (The Bruce Trail Conservancy) Lis Nielsen (European Ramblers' Association)
Sub-Committee - Development and Strategy	Laura Belleville (Appalachian Trail Conservancy) Julie Jung (Jeju Olle Foundation) Galeo Saintz (Rim of Africa)

● 2nd World Trails Network Committee Members (January 2014 ~)

Chair person	Galeo Saintz (Rim of Africa)
Vice-chair Person	Laura Belleville (Appalachian Trail Conservancy)
Secretary	Jackie Randle (The Bruce Trail Conservancy)
Sub-Committee - Knowledge and Resource Sharing	Robert Searns (American Trails) Hui Jung (Korea Trails Association) Kerstin Stender (Bibbulmun Track)
Sub-Committee - Marketing and Promotion	Galeo Saintz (Rim of Africa) Robert Searns (American Trails)
Sub-Committee - Culture and Biodiversity	Fivos Tsaravopoulos (Paths of Greece) Huseyin Eryurt (Culture Routes Society Turkey)
Sub-Committee - Conference and Events	Julie Jung (Jeju Olle Foundation) Lis Nielsen (European Ramblers' Association) Hiroaki Kishida (Mirai [Specified NPO])
Sub-Committee - Development and Strategy	Laura Belleville (Appalachian Trail Conservancy) Galeo Saintz (Rim of Africa) Mirvat Bakkour (Lebanon Mountain Trail Association)

Website: <http://worldtrailsnetwork.org/>

Inquiry: info@worldtrailsnetwork.org

Asia Trails Network

●Asia Trails Network (ATN)

The Asia Trails Network was officially established in January 2014. It aims to share trail issues and common value and take the initiative in building a sustainable development of trail industry through knowledge sharing and an effective cross-promotional platform for trails, the creation of a healthy walking travel culture, the protection of natural resources and the implementation of corporate marketing. The lead organizations of trail and walking associations in Asia are playing a key role to establish the global trail network.

●Asia Trails Network Main Programs

- Campaign for natural resources preservation
- Knowledge sharing and an effective cross promotional platform for trails
- Improving the quality of life and fitness in the community through trails
- Building healthy walking culture and increasing walking tour
- Implementing a corporate marketing and promotion
- Various events including international trails conference with World Trails Network

●Joint Projects

- Asia Trails Network Passport

Asia Trails Network Passport is a travel certificate for the hikers who visit the trail routes in Asian countries. You can use this Asia Trails Network Passport on the Asia Trails Network membership trail routes. Don't forget to get at least one stamp at the designated place on each trail. You can get a small gift when you visit each Asia Trails Network membership trail having this passport and the completion certificate will be given after you visit every trail.

- Question & Query: Asia Trails Network Secretariat

[China] Mountain Journey China T. +86(0)10-6836-8450 E. liuxmwd@sina.com

【Tel】+86(0)10-6836-8450 【e-mail】liuxmwd@sina.com

[Japan] Tottori Walking Resort Promotion Council (Mirai (Specified NPO))

【Tel】+81(0)858-24-5725 【e-mail】civic@npo-mirai.net

[Korea] Jeju Olle Foundation

【Tel】+82(0)64-762-2190 【e-mail】jejuolle@jejuolle.org

●Asia Trails Conference

Asia Trails Conference is a global walking event of Asian trail organizations with hikers from all over the world. People walk together and enjoy nature and culture of the local community, diverse performances and local food during the conference and also share up-to-date trail information. Asia Trails Conference is held biennially in different trail and country, affiliating with other representative walking event in Asia

- 1st Asia Trails Conference

Date/Place: November 2014 / Jeju, Korea

Affiliated Event: 2014 Jeju Olle Walking Festival (www.ollewalking.co.kr)

- 2nd Asia Trails Conference

Date/Place: October 2015/ Tottori Prefecture, Japan

Affiliated Event: 2015 Walking Festival in Tottori/Asia Trails Conference

- 3rd Asia Trails Conference

Date/Place: 2017/Undecided



The 6th World Trails Conference in Tottori: List of Participating Organizations

[Asia]

China

China Volkssport Association/Bailuwan Wetland - Jinjiang Greenway
Jilin Provincial Government
Mountain Journey China/National Trails System (NTS)

Japan

Japan Long Trail Association
Japan Nordic Walk League/Japan Nordic Walk Premier League
Japan Walking Association
Kyushu Olle Certification Council/Kyushu Olle
Nature Conservation Division, Kagoshima Prefectural Government/Amami World Natural Heritage Trail (tentative name) (Courses TBD)
Mirai (Specified NPO)/ Walking Resort Tottori
Sanin Kaigan Geopark Trail Council/Sanin Kaigan Geopark Trail
Tanabe City Kumano Tourism Bureau/Kumano Kodo
Walking Shikoku Association/Shikoku O-Henro

Nepal

Samarth - Nepal Market Development Programme/Great Himalaya Trails

Republic of Korea

Daegu Green Consumer's Network/Daegu Olle
Gangwon Provincial Government, Gangwon Convention & Visitors Bureau
NPO Gubee Gil/Gubee Gil
Gutgosipeun Busan Corporation/Galmaetgil Trail (Busan Metropolitan City)
Jeju Olle Foundation/Jeju Olle
Korea Walking Federation
Naepo Trail/Naepo Trail
The Pathway Foundation/Jirisantrail
TYTREKKING
Yeosu Yeogang NPO/Yeogang River Trail

Russian Federation

Public organization League of walking «Ginseng» Primorsky region/League of walking «Ginseng»
LLC "portal Sezonov"
LLC "ROZintur"
LLC Vladsporservice

Taiwan

The Thousand Miles Trail Association, Taiwan/Thousand Miles Trail of Taiwan

Turkey

Turkey's Culture Routes Society/Turkey's Culture Routes Society

[Europe]

Denmark

European Ramblers' Association/European long distance trails E1-E12

Greece

Paths of Greece/Kythera Hiking

Ireland

Clare-Getsidetracked/Lough Avalla Farm Loop

Spain

S.A. de Xestión do Plan Xacobeo/Turismo de Galicia/Camino de Santiago (St. James Way)

Switzerland

World Trails Network

[Africa]

South Africa

Rim of Africa/Rim of Africa Trail

[North America]

Canada

The Bruce Trail Conservancy/Bruce Trail

Costa Rica

Alliance for the Sendero Pacífico/Sendero Pacífico

Republic of Panama

Fundación Caminando Panama

United States

American Trails/ American Trails

Hut2Hut.info

PBR Hawaii & Associates, Inc.

State of Hawaii, Department of Land and Natural Resources, Division of Forestry and Wildlife, Na Ala Hele, Trails and Access Program

State of Hawaii Na Ala Hele Trail and Access Program

[South America]

Brazil

WWF Brazil

[Australia]

Australia

Bibbulmun Track Foundation/Bibbulmun Track

Department of Parks and Wildlife in Western Australia /Trails in Western Australia

Department of Sport and Recreation in Western Australia

Trails WA

※ As of September 9

Participation group summary

Asia

● China

China Volkssport Association

● Bailuwan Wetland - Jinjiang Greenway (2010/2014/2015/2016)

✉ ivv2009@163.com
qiaojin1958@163.com

URL www.chinawalking.net.cn



China Volkssport Association (CVA)/Beijing Today Walk Center was established in 2002, and joined the International Federation of Popular Sports (IVV) in 2004 as the representative of China. CVA is in charge of IVV operation in China.

Four major activities of CVA: Large-scale international walking events, walking tours, trail development, and outdoor walking education/training

Official website: www.chinawalking.net.cn

Established an international standard trail for walking tours in Kanas, China in 2016.

CVA will share knowledge and make improvement with counterparts from around the world while helping each other in the fields of walking tours, trail development, outdoor walking education and training.

Mountain Journey China

● National Trails System (NTS) (2014/2015/2016)

✉ liuxmwd@sina.com (Tommy)
286764674@qq.com (Gina)

URL www.ntscn.net



The National Trails System (NTS) has planned and designed 14 trails in China from 2009 up to the present. The trails cover wide areas nationwide, including the provinces of Zhejiang, Shandong and Sichuan and covering a total of 1,600 km in length. NTS is made up of the following:

1. Road surface system
2. Safety system (Including emergency aid system)
3. Environmental conservation system
4. Service system

NTS continues its efforts to develop better trails, and to provide all travelers with an environment ensuring safety, health, and opportunities for scientific study.

● Japan

Japan Long Trail Association

(2016)

URL <http://longtrail.jp/>



The Japan Long Trail Association (Specified NPO) aims to popularize long trails in Japan, develop and maintain sustainable trails that attract many visitors both from Japan and abroad via mutual publication and information exchange with trail management organizations nationwide, and contribute to promote tourism in each region. At present, 18 trails (including those under development) are registered as members, and the total length exceeds 1,800 km.

Japan Nordic Walk League

● Japan Nordic Walk Premier League

(2016)

✉ info@nordic-walk.or.jp

URL <http://www.nordic-walk.or.jp/>



The League's establishment was inspired by the IVV Olympiad held in Japan in May 2009. It was the first time the event was held in Asia. The League has established its unique teaching method based on exercise intensity, and carries out activities throughout Japan with the purpose of "raising public awareness of the northern European walking style that is beneficial to all people." It has over 3,500 certified trainers, and has established a new concept of Medical Nordic Walking in April 2016 to further enhance the field of activities as a savior in the super-aging society. Fifty-six events as part of the JNW Premier League are held nationwide, which contribute to the tourism promotion of each region.

Japan Walking Association

(2016)

✉ jwa@walking.or.jp

URL <http://www.walking.or.jp>



A student of Waseda University who walked across North America and his friends established the Japan Walking Association as *Aruke Aruke no Kai* ("Walk Walk Association") in Tokyo in October 1964 at the time of the Tokyo Olympics.

The major activities are: practice and promotion of walking, popularizing ideas about nature conservation ideas, health enhancement, hosting walking events as part of the health enhancement activity, and training and qualifying certified trainers. The association works in cooperation with walking associations in each prefecture.

Kyushu Olle Certification Council

● Kyushu Olle

(2011/2012/2014/2015/2016)

✉ i-yumi@welcomekyushu.jp

URL www.welcomekyushu.jp/kyushuolle

qtp@welcomekyushu.jp



Kyushu Olle was created in cooperation with Jeju Olle Trail. Kyushu Olle Certification Council was founded in February 2014 to maintain and manage the brand of each course, as well as to promote each brand independently and exchange information amongst regions included in Kyushu Olle. The hikers can feel the culture and history of each area, as well as the surrounding landscape it has.

Nature Conservation Division, Kagoshima Prefectural Government

● Amami World Natural Heritage Trail (tentative name) (Courses TBD)

(2016)

✉ amami-worldheritage@pref.kagoshima.lg.jp

Kagoshima Prefecture, in cooperation with its municipalities, is working on the selection of long trail courses that connect the Amami Islands, the candidate areas for World Natural Heritage to each other.

The prefecture and its citizens are in the process of selecting courses where visitors can experience the unique attractions of Amami, such as subtropical forests, mangroves, white sand beaches and houses that feature stone walls made of coral.

The selection of courses started in 2016, and the courses will be sequentially opened to the public when established.

Mirai (Specified NPO)

● Walking Resort Tottori

(2011/2012/2014/2015/2016)

✉ civic@npo-mirai.net

🌐 <http://npo-mirai.net/public/>



Mirai was established in January 2004 and is in operation under the principle of “creating a future for the community and children.” Mirai is promoting regional revitalization based on walking and healthcare, believing that the effects of walking will energize Tottori. It has set a goal of creating a “walking resort” in Japan (“walking resort” is a concept developed by Mirai). Setting “SUN-IN Mirai Walk” as the main event, Mirai widely introduces walking courses where people can enjoy the beautiful and relaxing places that Tottori has to offer.

Sanin Kaigan Geopark Trail Council

● Sanin Kaigan Geopark Trail

(2016)

✉ info@sanin-geotrail.net

🌐 <http://sanin-geotrail.net/>

The Sanin Kaigan Geopark features many spots blessed with beautiful nature, rich culture, history and delicious food, and is the best place for eco-tourism and sports tourism. The Sanin Kaigan Geopark Trail Council was established in July 2015, and set the 40.7 km course focusing on “Japan’s No. 1” Tottori Sand Dunes and Uradome Kaigan Coast boasting highly transparent sea water. On the long trail route in the Sanin Kaigan Geopark, visitors can not only see process of the formation of the Sea but also enjoy marine activities.

Tanabe City Kumano Tourism Bureau

● Kumano Kodo

(2014/2015/2016)

✉ info@tb-kumano.jp

🌐 www.tb-kumano.jp



For over 1000 years people from all levels of society, including retired emperors and aristocrats, have made the arduous pilgrimage to Kumano. These pilgrims used a network of routes, now called the Kumano Kodo, which stretched across the mountainous Kii Peninsula in Japan. In July 2004, the Kumano Kodo pilgrimage routes were registered as UNESCO World Heritage as part of the ‘Sacred Sites and Pilgrimage Routes in the Kii Mountain Range’.

● Nepal

Samarth - Nepal Market Development Programme

● Great Himalaya Trails

(2012/2014/2016)

✉ niki.shrestha@samarth-nepal.com

🌐 greathimalayatrails.com



Great Himalaya Trails (GHT) is a network of trails that makes it possible to hike across hills and mountains in Nepal. From Humla and Darchula in the West to Kanchenjunga in the East, through popular trekking areas of Everest and Annapurna to the more secluded treks in Dolpa and Makalu Barun, GHT is the banner that covers trails across the entire Himalaya range in Nepal.

● Republic of Korea

Daegu Green Consumer's Network

● Daegu Olle

(2010/2011/2012/2014/2015/2016)

✉ culture803@dgcn.org

URL www.dgcn.org



The Daegu Olle team of the NGO Daegu Green Consumer's Network established eight regular courses and four courses connecting them to Mount Palgongsan during the period from 2008 to 2012. The Network has managed the total 12 courses up to the present. Daegu Olle offers distinctive courses with seasonal attractions and various challenge levels, which means that everyone can enjoy them. Representative courses include Palgongsan Daegu Olle No. 6 Course, starting from Bullo-dong Tumuli that has over 214 old burial mounds formed in the period of the Three States, and Palgongsan Daegu Olle No. 1 Course (Bukjijangsa Temple Course) that can brag about its beautiful pine forests and barrier-free facilities easily by baby stroller and wheelchair users. Palgongsan Daegu Olle No. 7 and No. 8 courses feature calm temples with an old quaint atmosphere, where visitors can, in summer, enjoy the shade of trees that block the sunlight and refreshing streams.



NPO Gubee Gil

● Gubee Gil

(2014/2015/2016)

✉ jnc1530@hanmail.net



In 2012, NPO 'Gubee Gil' was established by 20 opinion leaders in the community to develop walking routes for health and healing, happiness and memories mixed with legends, folk stories, history remains, ecology including the history of Wonju, the center of six hundred years of history Gangwon-do. A preliminary set of 15 courses for a total of 280km of walking route is being developed. The installation of signage and trail infrastructure is demanded from the local government in 2015. The characteristics of the routes as the name suggests 'Gubee Gil' are beautiful landscapes, relaxed atmospheres with romantic ideals, diverse paths and food items, and memories. The organization aims to provide visitors with these aspects. Wonju is located one-hour away from the capital and will be a host city of the Winter Olympics in 2018 so that there is a strong likelihood of a popular place for hikers. It has an outstanding surrounding for walking like Namhan-Gang River, Seom-Gang River and ChiaKsan Mt.

Gutgosipeun Busan Corporation

● Galmaetgil Trail

(2011/2012/2014/2015/2016)

✉ happywalking@hanmail.net

URL www.greenwalking.co.kr



Gutgosipeun Busan Corporation announced in October 2009 that they would create Busan Galmaetgil Trail as part of a movement to advocate walking and manage the Trail's software program. The movement has subsequently played an important role in helping Busan to become a "clean" city by increasing the popularity of walking. Galmaetgil Trail is a coinage with 'Galmaegi'(Sea gull) which is the symbolic bird of Busan and 'gil'(Road). The group's logo derives its shape from a Chinese character and it contains the images of mountains, rivers and seas in Busan. The logo was selected through a public contest in May 24th 2009. There are 9 courses and 20 side tracks in Galmaetgil Trail, which makes up 263.8km in total and an adult will take roughly 86 hours to walk across the whole track.

Jeju Olle Foundation

● Jeju Olle

(2010/2011/2012/2014/2015/2016)

✉ julie@jejuolle.org

URL www.jejuolle.org
www.worldtrail.org



As the walking trail that best represents Korean, the Jeju Olle Trail is a exquisite trekking course along the coast of Jeju Island. It has 26 courses for a total of 425km as of the August 2016 since it has started its first course on September 2007. The Jeju Olle Trail is the No. 1 destination for the Korean people and was selected as the 'Star of Korean Tour Industry Events' (2010) by The Ministry of Culture, Sports, and Tourism and the Korea Tourism Organization. It was also awarded "The Seven Events of the 2010-2012 Visit Korea Year" (2012), recognizing it as Korea's top tour brand, '1st International Trail Awards' (2013), 'Jeju Tourism Grand Prize'(2014), '5th Yumin Awards' (2014) and has gained a reputation for being a perfect example increasing public awareness of a healthy hiking culture.

Korea Walking Federation

(2016)



✉ kwf@walking.kr

URL www.walking.kr

The Korea Walking Federation is the only organization in Korea certified by the International Marching League/Walking Association (IML WA). It is also a member of the Association for International Sport for All (TAFISA), which has 250 member organizations from 154 countries worldwide. The federation has hosted the Wonju International Walking Festival held in Wonju City, Korea, as well as the National Walking Festival and the Korea Walking Grand Slam. It has 14 affiliate leagues throughout Korea. The federation also provides training sessions for walking trainers and plays a leading role in the national walking movement.

Naepo Trail

● Naepo Trail

(2011/2012/2014/2015/2016)



✉ gtrmam@hanmail.net

URL cafe.daum.net/naepotrail
<http://www.naepotrail.org>

Launched in January 2010, Naepo Trail Foundation is a non-profit organization that manages and maintains Naepo Trail developed between 2010 to 2013 by the private and public cooperation organizations. These organizations consist of 4 local governments in Naepo area (Seosan, Dangjin, Yesan and Hongseong), Central Regional Forest Service and Sudeoksa in the private sector. There are four themed trail: 'Wonhyoggaedaleumuigil', 'Baekjibuheunggil', 'Cheonjukyosullegil', 'Naepoyeoksainmuldonghagkil'. In addition, one of the courses, 'Cheonjukyosullegil', is more well-known for Pope Francis has visited the area in 2014. Naepo Trail was developed to prevent reckless land development and make the community more beautiful. The Trail is 320km long with 24 main routes and 2 side routes.

The Pathway Foundation

● Jirisantrail

(2010/2011/2012/2014/2015/2016)



✉ trail@trail.or.kr

URL www.trail.or.kr

The Jirisantrail is aiming to realize the aspirations of a village community and is the road of retrospection and recollection proposed by the pilgrims who made 'Life and Peace' a topic in 2004. The trail is 295 km long with 22 looped sections and passes through 3 provinces (Jeollanam-do & Jeollabuk-do, Gyeongsangnam-do), 1 city and 4 counties (Gurye-gun, Namwon-si, Snacheong-gun, Hadong-gun, Hamyang-gun). The Pathway Foundation operates 8 information centers that provide information needed by visitors and assist the management of the trails. The Foundation has earned the support of 5 local autonomous entities, Jirisan National Park, main agents of the public institutions, as well as the commitment of visitors and locals. The Foundation offers various programs; a walking festival, youth place-based education, self-healing program for the disadvantaged and other pilgrimage programs. It cultivates the culture for a safer, sustainable and mature society.

TYTREKKING

(2011/2012/2014/2015/2016)



✉ ajises@hanmail.net

URL cafe.daum.net/tytrekking

통영길문화연대

This coalition is a non-profit organization which intends to show Tongyeong, the city of history, culture and art, by walking. Tongyeong is a town that has produced many artists, cherished beautiful stories here and there along with splendid landscapes, culture and art. There are 526 islands in Tongyeong, which embrace the blue archipelago, and it is the place for walking along the blue sea while listening to mountain birds singing. TYTREKKING has been supervising a small-scale walking event since September 2011, and it wishes to walk with citizens to explore the pretty roads in every corner of Tongyeong. It constantly looks out for physical environments for walking such as the walking condition of Tongyeong and cultural assets and signboards to substantialize the life of happy walking. In 2004, The Craftsmen's Way was created and it will be implemented permanently in the future.

Yeoju Yeogang NPO

● Yeogang River Trail

(2011/2012/2014/2015/2016)



✉ rivertrail3@naver.com

URL www.rivertrail.net

The nonprofit organization 'Yeogang River Trail' works to realize a win-win society which enables the recovery of humans' and nature's health by spreading the importance and greatness of Namhangang's (river) history and culture, ecology, preserving and using them as cultural assets.

'Yeogang' means "Namhangang which goes through Yeosu". Yeosu people have strong affection for the river as they call it YG. Yeogang River Trail is located in Yeosu-gun, Gyeonggi and it becomes to represent the idea of rivers. Yeosu, Gyeonggi-do is located in the capital area and its geographic features allow trekkers to cross the heart of the region. Although the origins are not clear, Yeosu has been closely related to the river, the basis of life from the past to now.

● Russian Federation

Public organization League of walking «Ginseng» Primorsky region

● League of walking «Ginseng»

(2016)



✉ walkerprim@gmail.com

URL zhenshen-tour.sitcity.ru

This is the only organization for walking in former Soviet Union and Russia, and has promoted walking as a new sport to maintain health since 1990. It has been in operation in the fields of sports, health, ecology, tourism, extreme sports and hiking for 26 years.

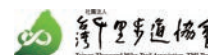
Out of the uniquely developed 93 hiking routes in the Primorsky region, 33 routes received gold awards. Fifteen routes were recognized as Primorsky's best product in 2001, 2002, 2003 and 2005; 14 routes were selected as Russia's best 100 products in 2002, 2003 and 2005 and received 52 prizes of various kinds.

● Taiwan

The Thousand Miles Trail Association, Taiwan

● Thousand Miles Trail of Taiwan

(2015/2016)



✉ tmitrail2006@hibox.hinet.net

URL <http://www.tmitrail.org.tw>

The Thousand Miles Trail Association, Taiwan is engaged in the conservation of beautiful scenery of mountains and sea, as well as human historical heritage. In 2006, it started grass-roots activities with regional communities and volunteers, and later completed an over 3,000 km circular trail across the island of Taiwan. To maintain natural trails and prevent the extension of cemented trails, the Association has been training trail volunteers, conducting research on the pavement condition of suburban mountain trails, and promoting trail studies. In urban areas, the Association is promoting green belts and natural paths. In suburban mountains around regional communities, the Association focuses on the promotion of citizens' participation in trail-related activities and environmental conservation.

● Turkey

Turkey's Culture Routes Society

● Turkey's Culture Routes Society

(2012/2014/2015/2016)



✉ huseyineryurt@yahoo.com

URL www.cultureroutesinturkey.com

kateclow@trekkinginturkey.com

www.trekkinginturkey.com

Turkey's Culture Routes Society is a non-profit organization linking Culture Routes working groups throughout Turkey. It has an office and small shop in central Antalya. Currently, the Society manages 17 varied trails, ranging from 120km to 600km in length, and 4 clusters of one-day walking courses.

Europe

● Denmark

European Ramblers' Association

● European long distance trails E1-E12 (2012/2014/2015/2016)

✓ President@era-ewv-ferp.com

URL www.era-ewv-ferp.com



ERA-EWV-FERP

ERA was founded in 1969. ERA has 55 member organisations from 33 European countries. The newest members come from the South-Eastern corner of Europe, where walking is not only relevant for the health of the population, but also as a very important touristic activity.

ERA represents 3,000,000 organised and millions of non-organised walkers in Europe. Most of the member organisations have long experience in organising and creating conditions to facilitate walking (waymarking, construction of huts etc.) and in arranging activities for the members. Some of them have been in existence for more than one hundred years.

● Greece

Paths of Greece

● Kythera Hiking (2014/2015/2016)

✓ info@pathsofgreece.gr

URL www.pathsofgreece.gr



Path of Greece is a social co-operative enterprise that specializes in the development and international promotion of hiking trail networks all over Greece. It is the only company of its kind in the whole country. It was founded in 2010, and has developed since a large amount of hiking trails in different areas of the country.

● Ireland

Clare-Getsidetracked

● Lough Avalla Farm Loop (2016)

✓ ehogan@cldc.ie

URL www.clare-getsidetracked.ie



Clare-Getsidetracked was developed in 2015 as a brand to encompass all the outdoor recreation in County Clare, Ireland. The logo highlights the key attractions in the county and the website will be a hub for all the information on the outdoor recreation. It will be promoted via social media and roadside signage. It includes trail information, downloadable mapcards, links to guides and up and coming outdoor events. The brand is managed by Eoin Hogan the Rural Recreation Officer for Clare Local development Company, the rural development company for the county.

● Spain

S.A. de Xestión do Plan Xacobeo/Turismo de Galicia

● Camino de Santiago (St. James Way) (2014/2016) (2011/2012/2016)



✉ francisco.singul@xacobeo.org
xerencia.xacobeo@xunta.es

URL www.turismodegalicia.es
www.xacobeo.es

The Camino de Santiago is an European pilgrimage route to the Cathedral of Santiago de Compostela where the Apostle St. James the Elder was buried. It is a trail that has 1,200 years of pilgrimage history. The northern trail starts from Paris, France and crosses from the east to the west of Spain, for about 900 kilometers. Along with the John Muir Trail of the United States and the West Coast Trail of Canada, the Camino de Santiago is also one of the world's top three trails that are often called the 'Dreams of Walkers.'

Africa

● South Africa

Rim of Africa

● Rim of Africa Trail (2012/2014/2015/2016)



Rim of Africa
Cape Mountains and Trails Initiative
Cederberg to Outeniqua

✉ info@rimofafrica.org

URL www.rimofafrica.org

The Rim of Africa is a long distance trails and mountains initiative traversing the length of the Cape Mountains from the famed Cederberg Wilderness in the North to the Outeniqua Mountains in the East. Walking the Rim of Africa, or a section thereof, is an opportunity to discover the grandeur and unique biodiversity of this region of South Africa. Follow the tracks of leopards or enjoy some of the 9,000 different plant species during the annual trail season

North America

● Canada

The Bruce Trail Conservancy

● Bruce Trail (2010/2011/2012/2014/2015/2016)



✉ jrandle@brucetrail.org

URL www.brucetrail.org

The Bruce Trail Conservancy is a charitable organization committed to establishing a conservation corridor containing a public footpath along the Niagara Escarpment, in order to protect its natural ecosystems and to promote environmentally responsible public access to this UNESCO World Biosphere Reserve. The Bruce Trail is the oldest and longest continuous footpath in Canada. It runs along the Niagara Escarpment from Niagara to Tobermory, spanning more than 885 km of main trail and 400 km of side trails.


**Bruce Trail
CONSERVANCY**

● Costa Rica

Alliance for the Sendero Pacífico

● Sendero Pacífico

(2016)

✓ nat@mountainsteward.net

URL senderopacifico.net (under construction)



The Sendero Pacífico in Costa Rica is a freely accessible network of trails and hiking huts between the Monteverde Cloud Forest and mangroves in the Gulf of Nicoya. Located in the Bellbird Biological Corridor, trails pass through a mosaic of natural habitats, land uses and rural communities. Values of the trail include: recreation, education, conservation, and community development.

● Republic of Panama

Fundación Caminando Panamá

(2016)

✓ caminandopanama@gmail.com

URL www.caminandopanama.org



Caminando Panama believes that by getting more Panamanians outdoors we can help create a healthier and environmentally conscious country. Hence, we work to foster and strengthen Panama's trail-based outdoor community through special events, sharing basic trail information, and helping develop new routes that directly benefit local rural communities.

● United States

American Trails

● American Trails

(2011/2012/2014/2015/2016)

✓ green49@aol.com

URL www.americantrails.org



American Trails is a national nonprofit organization in the United States that has been working for 28 years to serve as a forum and a catalyst to improve the quality of life for all Americans by pursuing, preserving, protecting, and providing access to a national infrastructure of trails, greenways, and blueways that benefit all trail users and activities.

Hut2Hut.info

(2016)

✓ sdemas@carleton.edu

URL Hut2hut.info



Hut2Hut.info conducts research and produces articles and other information concerning trails and the accommodations systems provided for long distance walkers, skiers, bikers, etc. using trails. We study accommodations along trails that cater to walkers, e.g. huts, hostels, B&B's, platform tents, hotels, temples, etc. We also write trip reports about trails around the world for people looking for interesting walks.

PBR Hawaii & Associates, Inc.

(2016)



✉ vshigekuni@pbrhawaii.com

🌐 www.pbrhawaii.com

We are not a NGO, but a private land planning and landscape architecture firm that designs both trails and parks. Projects on our website include Puna Moku Coastal Trail Heritage Signage; Ko Olina Shoreline Park Improvements; Haena State Park Master Plan; Kahanu Garden Master Plan; Kukio Anchaline Pond Management Plan.

State of Hawaii, Department of Land and Natural Resources, Division of Forestry and Wildlife, Na Ala Hele, Trails and Access Program

(2016)



✉ Aaron.Lowe@hawaii.gov / Dan.K.Smith@hawaii.gov / Moana.Rowland@hawaii.gov / Torrie.L.Nohara@hawaii.gov / Clement.Chang@hawaii.gov

🌐 Hawaii Trails.org

"Na Ala Hele" is the State of Hawai'i Trail and Access Program. It was established in 1988 in response to public concern about the loss of public access to certain trails and the threat to historic trails from development pressure. Na Ala Hele has become increasingly engaged in trail management and regulatory issues due to both public and commercial recreational activities and emerging legal issues.



South America

● Brazil

WWF Brazil

(2016)

🌐 www.wwf.org.br

WWF is setting up an innovative model to support protected areas through building a movement driven by people and enabled by technology - to engage new citizens in this agenda. This umbrella project will connect four States in Brazil, through a long distance trail of 3,000 km, to align landscape protection with territorial development - a new global movement to sustain parks and improve human health. This event aims to strengthen the project through exchanging experiences between other countries with similar experiences, highlighting innovative approaches in support of trails systems, including new funding models, online platforms and public use support (specially for long distance trails), to boost society engagement in a long term perspective, and to share practical experiences from other countries.

Australia

● Australia

Bibbulmun Track Foundation

● Bibbulmun Track

(2014/2015/2016)



✓ mike@peregrinewa.com.au
linda@bibbulmuntrack.org.au

URL www.bibbulmuntrack.org.au

The Bibbulmun Track in Western Australia stretches 1,000 km through some of the most beautiful and wild areas of the south west of Australia which is one of the world's biodiversity hotspots.

Passing through nine rural towns and many popular scenic spots, walkers can enjoy day walks and the hospitality of local accommodation or embark on a six to eight week hike from end-to-end.

The Bibbulmun Track Foundation is a community based not-for-profit organization which was established to help the Department of Parks and Wildlife with the management, maintenance and marketing of the Track.

Department of Parks and Wildlife in Western Australia

● Trails in Western Australia

(2014/2015/2016)



✓ kerstin.stender@dpaw.wa.gov.au

URL www.capetocapetrack.com.au
www.trailswa.com.au

The Department of Parks and Wildlife manages more than 400 trails in Western Australia, a huge state of 2.6 million km², about the size of Western Europe, with more than 12,500km of coast line. Some of the trails can be found on the Trails WA website. One of the more well-known is the Cape to Cape Track, which traverses 125km of the Leeuwin-Naturaliste National Park between the Cape Naturaliste and Leeuwin light houses, overlooking the adjoining Ngari Capes Marine Park from spectacular sweeping cliff-top views and stretches of pristine beach. The other major walking trail is the Bibbulmun Track.

Trails WA

(2016)



✓ linda@bibbulmuntrack.org.au

URL www.trailswa.com.au

Trails WA is an independent channel for the marketing and promotion of trails in Western Australia. It aims to provide a central source of trails information and encourage more people to use the trails.

* As of September 9



Chubu Co., Ltd.



Eishin Shoji Co., Ltd.



Tottori Convention Bureau



Uno Corporation



San-in Godo Bank, Ltd.



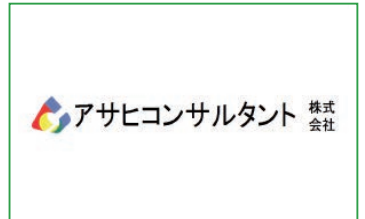
Tottori Chuo Agricultural Cooperative



Social Medical Corporation Jinkokai & Social Welfare Corporation Keijinkai



Daisen Nyugyo Agricultural Cooperative



Asahi Consultant Co., Ltd.



Igi-gumi Co., Ltd.



Kyoei-gumi Corporation



Takara Seika Co., Ltd.



Chudenko Corporation Kurayoshi Office



Toho Kigyo Co., Ltd.



The Tottori Bank, Ltd.



Hotel St. Palace Kurayoshi



Misasa Onsen Tourism Association/Misasa Onsen Ryokan Cooperative



Mukaigumi LLC



J. Morita Manufacturing Corporation



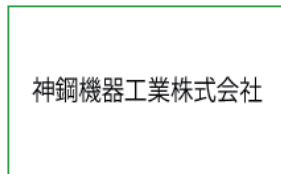
Yonekyu Oishii Tori Corporation



Enatex Corporation



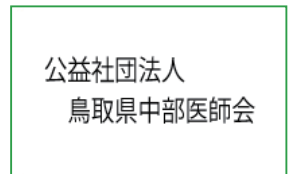
Kurayoshi Shinkin Bank



Shinko Industrial Co., Ltd.



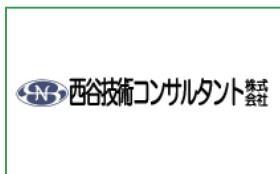
The Chugoku Electric Power Co., Inc. Tottori Office



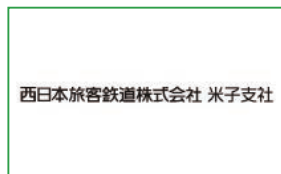
Tottori Medical Association



Tottori Prefecture Chubu Forestry Association



Nishitani Engineering Consultant Co., Ltd.



West Japan Railway Company Yonago Branch



Meiji Drop Forge Ltd.